



BALILUMINA

SPA MENU

About BALILUMINA

BALILUMINA was created to offer more than relaxation.

Through Balinese-inspired treatments, we invite you to reconnect with your body, your mind, and ultimately, your life.

As your breath deepens and your body realigns, something long forgotten quietly awakens within you.

Each session is not merely a technique, but a carefully designed ritual — blending Eastern philosophy, Balinese tradition, structural bodywork, and the subtle power of scent.

A quiet yet profound experience, one that lingers long after you leave.

BALILUMINA is a place for that gentle return to light.

1、Essential Spa 240min

2、Luxury Spa 240min

3、Ultimate Spa 330min

Essential Spa — 240 min

The foundation of BALI LUMINA. A deeply restorative and essential experience.

By aligning the body's central axis — pelvis, spine, and posture — your natural balance is restored, allowing tension to dissolve and vitality to reawaken.

Through deep pressure, guided breathing, gut-focused care, reflexology for hands and feet, and facial release, the inner flow of the body is gently harmonized.

After the session, your body feels light, your vision clear, and a quiet sense of “returning to yourself” remains.

A course designed to restore your natural state.

Flow

1. Welcome Tea
2. Flower Foot Ritual
3. Balinese Foot Reflexology
4. Balinese Hand Reflexology
5. Deep Body Alignment
6. Gut-Brain Harmony
7. Total Axis Realignment
8. Facial Release
9. Head Spa (Deep Serenity)
10. After Stretch & Tea

¥100,000 / 240 min

Luxury Spa — 240 min

A ritual designed to awaken feminine radiance and calm.

Among BALI LUMINA's oil treatments, this session is specifically created to restore a woman's natural balance and inner beauty.

Not only the body, but also the mind, nervous system, and hormonal balance are gently approached.

With slow, intentional rhythms and deeply grounded strokes, tension dissolves, circulation improves, and your entire being begins to awaken.

This is the essence of the BALI LUMINA Luxury Spa.

Flow

1. Welcome Tea
2. Flower Foot Ritual
3. Custom Aromatherapy (25 selected oils)
4. Herbal Body Scrub
5. Balinese Full Body Oil Treatment
6. Stomach Release
7. Facial Release
8. Head Spa (Deep Relaxation)
9. After Tea

¥100,000 / 240 min

Ultimate Spa — 330 min

A fully integrated ritual. Body, mind, beauty, and femininity — unified.

True beauty is not achieved through the body alone, nor through the mind alone. Posture, breath, nervous system, skin, scent, emotion, circulation — when these elements align, authentic beauty naturally emerges.

Essential Spa restores your physical foundation. Luxury Spa awakens your inner and feminine essence. Ultimate Spa brings everything together — rebalancing you from every dimension.

Beyond visible change, this is a rediscovery of yourself. A special course to restore the beauty that flows from within.

Flow

1. Welcome Tea
2. Flower Foot Ritual
3. Custom Aromatherapy
4. Deep Body Alignment
5. Total Axis Reconstruction
6. Herbal Body Scrub
7. Balinese Full Body Oil Treatment
8. Stomach Release
9. Facial Release
10. Head Spa (Deep Relaxation)
11. After Stretch & Tea

¥150,000 / 330 min

Information

Reservations

Reservations are available through the following:

Phone (9:00 – 18:00)
+81 3-6379-1556

Email (Available 24 hours)
reservation@balilumina.com

Official LINE (For guests in Japan & Asia)
<https://lin.ee/llmtBKq>

Please provide the following details when contacting us.
We will prepare a personalized proposal for you.

- Full Name
- Preferred Date & Time
- Preferred Treatment
- Location (Home or Hotel)

To maintain the highest quality of our service,
we operate on a fully reservation-only basis.

Same-day bookings may not always be available.
We kindly recommend contacting us in advance.

Before Your Treatment

For your safety and comfort, we kindly ask for your understanding of the following:

- Guests with serious medical conditions, fever, or feeling unwell are kindly requested to refrain from booking
- Treatments after alcohol consumption are not permitted
- We do not provide treatments during pregnancy
- Treatment content may be adjusted depending on your physical condition

For safety reasons, we may decline treatment in certain cases. Thank you for your understanding.

Cancellation Policy

For any changes or cancellations, please contact us at least 24 hours in advance.

Cancellations made within 24 hours will be subject to a 100% cancellation fee.

As each session is carefully prepared and personalized, we sincerely appreciate your understanding.

A Message to You

BALI LUMINA is a place to rediscover the quiet light within you.

We do not only adjust the body.
We do not only calm the mind.
We do not only refine beauty.

Breath, posture, awareness, and presence —
when these come together,
something within you begins to shine again.

May your time here become a gentle turning point,
toward honoring yourself more deeply.

May your light continue to glow softly throughout your life.

BALI LUMINA